

# MORINGA

**Moringa** is known as the “miracle tree” because it is packed with nutrients and known for its curative qualities.

Revered by ancient cultures and still used by Ayurveda to treat various diseases, moringa is gaining popularity in the West because it is rich in Vitamin A, calcium, iron, potassium and it also contains:

- Vitamins A to K
- Omega acids 3, 6 & 9
- 46 Antioxidants
- 36 Anti-inflammatory agents
- 18 Amino acids (including all essential amino acids)
- Zeatin, the anti-ageing nutrient
- Plenty of minerals

*Moringa powder is made from dried organic Moringa Oleifera leaves that are farmed according to socially sustainable practices.*



gram-for-gram comparison of nutritional data

**Moringa Powder =**



**9 times**  
the Calcium  
of milk

+



**1/2 times**  
the Vitamin C  
of oranges

+



**77 times**  
the Iron  
of spinach

+



**3 times**  
the Protein  
of yoghurt

+



**3 times**  
the Potassium  
of bananas

+



**11 times**  
the Vitamin A  
of carrots